

**Adaptive art. Respite.
& Therapeutic play.
Services.**

offering:

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- Adaptive clay classes for children with special needs
 - Respite opportunities for parents to get a break, meet for support, share strategies & resources, have time with a sibling or run errands.
 - Therapeutic play at summer Adaptive Art Camps
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**To register for
classes, camps or
for further
information,
Contact:
Cindy Best
603-927-4050**



A.R.T.S.

Located at 204 Baker Road, North Sutton, NH

Mailing address:

PO. Box 2592, New London, NH 03257

603-927-4050

Link at

littlebearpottery.com




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ADAPTIVE CLAY CLASSES FOR CHILDREN WITH SPECIAL NEEDS

SESSION: A 1 on 1 lesson with a pediatric physical therapist turned ceramic artist. Projects are adapted to each child's abilities, taking into consideration individual challenges. Creating with clay can be a sensory experience, builds upper body strength & coordination, challenges the imagination, teaches emotional flexibility & promotes multitasking. The goal is for your child to experience these benefits while having fun creating functional projects out of clay.

Children can also work with 1 instructor and 1 peer to encourage interactive & cooperative play skills. All ages are welcome.



COST: \$30 for a 1 hour individual or small group session



ADAPTIVE ART CAMPS FOR CHILDREN WITH SPECIAL NEEDS

SESSION: Art projects are adapted to your child's abilities. Creating with various types of clay, paint & art materials offers your child an opportunity for sensory play & creative curiosity. Projects are designed to challenge the imagination, stimulate speech, encourage interactive play & social interaction with peers. The goal is for your child to experience these benefits while creating functional art projects.

Camps are held for 2 hours a day, 3 days a week for a two week session. A day at camp begins with opening circle to introduce the "theme of the day" & encourage appropriate greeting skills with peers. "Brain Gym" activities are then performed to awaken the body & the brain improving alertness & attention. Art projects are next, combining individual projects as well as group projects for cooperative play. Snack & Story Time provides a time to rest & refuel. Both the snack & story are related to the day's theme. The camp day ends with outdoor sensorimotor & gross motor play, followed by a closing circle.



Camp is run by Cindy Best, a pediatric physical therapist turned ceramic artist. She is assisted by Carol MacDonald, a retired teacher and "Snack & Story Lady Extraordinaire". Other health care professionals and artists are subcontracted to assist, and a junior apprentice serves as both a mentor to the children & a camp assistant. Summer camps are ideally designed for children with special needs ages 4 to 10 years old. Exceptions are considered.

CAMPS are run throughout the summer months. Each session runs for 2 weeks with camp held on Monday, Wednesday & Friday mornings from 9 AM -11 AM. Call for current camp session dates.

COST: \$250 for the session. Cost includes all art project materials, firing of clay projects, instruction, sensorimotor play activities, & snack.

